



# Living Well Together

A Newsletter of the Georgetown Council on Aging



Sept. 28, 2022

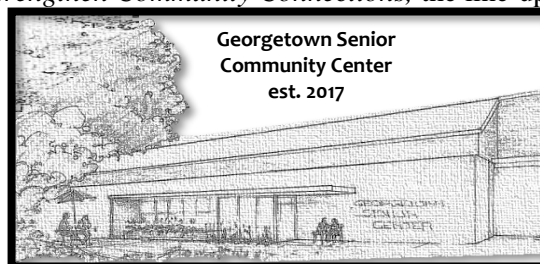
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Website: [www.georgetownma.gov](http://www.georgetownma.gov)

**Director's Notes:** Following a period of time that were some of the darkest days most of us have ever known, the celebration of the Georgetown Senior Community Center's fifth year as a town facility for older adults and their families, is the perfect opportunity to celebrate National Senior Center Week. The success of the Georgetown Senior Community Center fully illustrates this year's theme of *Strengthen Community Connections*. Across the country, Senior Centers have a positive impact on both individual lives as well as the communities that they serve. As Senior Centers continue to evolve, the mission to connect older adults to programs, services and different opportunities for aging well remains the same. The connections that bring together all age groups in a community is what builds momentum for the future of healthy aging. Partnerships and assistance from all town departments and community resources came together to support the building of the Senior Center and continue to provide the assistance needed to support the current and future needs for healthy aging in the community. Daily fitness classes, wellness programs and social activities have all resumed. Even during the most difficult days of the COVID-19 pandemic, the Senior Center has continued to be a resource for individuals seeking information about complex subjects such as health insurance, legal questions, financial assistance, home care, housing and transportation options – all programs necessary to assist individuals in remaining healthy and active in their communities. Without a doubt, the strength of our community connections carried us through those challenging days and continue to provide us with the partnerships needed to move forward. As we celebrate National Senior Center Month, join us as we look forward with enthusiasm to what is coming next at the Georgetown Senior Community Center. Reflecting the theme of *Strengthen Community Connections*, the line-up of September activities includes an 8-week *A Matter of Balance Program* that will provide important tools for staying strong and preventing falls. Avita of Newburyport will present a program on *Communication Tips for Caregivers of People Living with Memory Disorders* on Sept. 7. An ice cream social will follow the presentation. We are all looking forward to the return of Delvena Theater on Sept. 28 with a special tea and interactive performance of *Murder A La Carte*. Featuring several local community health partners, the COA will hold a Health Fair on Oct. 5 at the Senior Center. Summer may be coming to an end but there is much to look forward to as we continue to showcase the strength of our community connections and the positive future of aging within our community. We look forward to enjoying the fall with all of you!



## **Prescription Advantage**

Each year thousands of Medicare beneficiaries reach a gap in their Medicare prescription drug plan that is often referred to as the "donut hole". If you reach that gap, you will see your prescription drug costs increase dramatically! Don't let this happen to you. Prescription Advantage can help.

Prescription Advantage is the state-sponsored program that supplements your Medicare drug plan to fill the gap.

For more information about Prescription Advantage, call MassOptions at 1-800-243-4636, Monday through Friday, 9 a.m. to 5 p.m., or visit [prescriptionadvantagemma.org](http://prescriptionadvantagemma.org).

## **Need assistance with Medicare?**

**SHINE can help!**

SHINE is a federally funded program: **S**erving **H**ealth **I**nsurance **N**eeds of **E**veryone...on or eligible for Medicare. Some SHINE counselors counsel as an important part of their job, and some are volunteers who have committed to learning the ins and outs of Medicare to assist you with finding the best plan that fits your needs. All are certified, extensively trained SHINE counselors who ensure familiarity with all plans and options, and stay up to date with Medicare plans, as well as federal and state information and guidelines. Your health insurance plans are an important part of your budget and SHINE is available all year to help you review your plan, your costs, and will ensure that you have access to all cost-savings programs you may be eligible for. Call to schedule an appointment with your local SHINE Counselor: 978-352-5726.

## Many thanks...

The Sixth Grade Students at the Penn Brook School, their families, & members of the First Congregational Church Georgetown generously donated items to the COA Marketplace. Their thoughtfulness is much appreciated!

**HOLIDAY HOURS:** The COA office, Sr. Ctr. & all activities will be closed on Mon. Sept. 5 (Labor Day).

**B P CLINIC:** There will be **NO B P Clinic in September**. Next blood pressure clinic will be Wed. October 5, 11:30 a.m. - 1 p.m. as part of the October Health Fair.



### **MEN'S BREAKFAST:**

**Thurs. September 1 at 9:30 a.m.**

**Presentation by members of the Merrimack Valley Ship Model Club.**

Continued thanks to Crosby's for their support of this program.

### **VETERAN'S SERVICES OFFICE HOURS:**

**Tuesday Sept. 6, 10-11a.m.**

(Day change for September only.)

Director Karen Tyler will be available to discuss issues and questions. Please contact the COA if you plan to attend. 978-352-5726

**BINGO!** Join us on **Mons. September 12 & 26,**

**12:30 p.m.** Bingo is played twice a month on Mondays. **Cost: \$2 per 10-game package.**

Attendance is limited to 20 people. For more information, call 978-352-5726.

**CONSTITUENT SERVICES:** Representatives from the offices of Senator Bruce Tarr and Representative Lenny Mirra will hold monthly office hours on **Tues. Sept. 20, 10:30-11:30 a.m.** Call for appointments.

**SHINE OFFICE HOURS:** **Mon. Sept. 19, 9 a.m.-noon**  
**SHINE Counselor Nancy Aberman** will be here to answer health insurance questions. **APPOINTMENTS MUST BE SCHEDULED THROUGH THE COA OFFICE.** The COA has a form that must be completed and brought to your appointment. It is available at the COA for pick-up, by mail or by email when you make your appointment. If you cannot come to the scheduled hours, the COA can contact our SHINE counselor to make other arrangements for you. To schedule an appointment, call (978) 352-5726.



Join GPL Librarian Sarah Cognata **Tues. Sept. 27**

**at 2 p.m. "French Braid" by Anne Tyler**

While the Library intends to use these selected book choices, there may be unforeseen circumstances that requires having to change the book choice. Please contact the library if you have any questions

**QUILTING GROUP:** Terry Palardy facilitates the group which meets on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of each month from 12 p.m. to 3 p.m. Attendance is limited to 5 people & pre-registration is required. Please call 978-352-5726.

**MAH JONG:** The Group meets on Wednesdays at 12:30 p.m. Beginners are welcome. Call the COA for more information at 978-352-5726.

**KNITTING GROUP:** The Knitting Group meets on the **2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month at 9:30 a.m.** For more information, contact the COA at 978-352-5726.

**STAMP CLUB:** **2<sup>nd</sup> & 4<sup>th</sup> Thurs./month, 1 p.m.**

**FRIENDS OF THE COA:** The Friends of the COA resume meeting on **Tuesday Sept. 13 at 1 p.m.**

**COA VAN AVAILABILITY:** Local essential shopping is available **by appointment only** on Tuesdays and Thursdays at 9:30 a.m. Along with grocery shopping, trips to the post office, banks, pharmacies & Walmart can be planned. **We are adding a noontime Riverside shopping run on the first Tues. of each month after Brown Bag deliveries.**

## *Communication Tips for Caregivers of People Living with Memory Disorders*

Presented by

Alison Kolozsvary, Community Liaison  
Kathy Kodwyck, Social Program Director  
Avita of Newburyport

**Wed. September 7 at 1 p.m.**

**Ice cream Social to follow**

**Call the COA to reserve your seat.  
978-352-5726**



## **"Matter of Balance"**

**An 8-week Fall Prevention Program**

Presented by AgeSpan

Healthy Living Center of Excellence Instructors

**Tuesdays, Sept. 13 thru Nov. 1  
10 a.m. to 12 noon**

**Matter of Balance** acknowledges the risk of falling & emphasizes practical coping strategies to reduce fear of falling.

Strategies include (1) promoting a view of falls & fear of falling as controllable, (2) setting realistic goals for increasing activity, (3) changing the environment to reduce fall risk factors & promoting exercise to increase strength and balance.

To register, please call the COA at (978) 352-5726.



**Delvena Theater presents**

## **"Murder A La Carte"**

**Wed. September 28 at 1 p.m.**



An exciting, live, comedic, interactive murder mystery

**Token prizes will be awarded. A Tea will be served.**

**Reserve your seat. Call the COA. 978-352-5726.**

This program is supported in part by a grant from the Georgetown Cultural Council, a local agency which supported by the Massachusetts Cultural Council, a state agency.

## Ongoing Exercise Groups

Most classes are limited to 17\* people ~ \$3 suggested donation for each class  
Held at the Georgetown Senior Community Center ~ Call 978-352-5726 to register

### Yoga & Strength Training Classes with Donna Bonin & Leah Miller

Yoga meets on Mondays at 9 a.m. and Wednesdays at 10:30 a.m.

Strength Training meets on Mondays at 10:30 a.m.

### Tai Chi Class with Val LaBelle

Thursdays at 9:30 a.m. \*Class limit: 10.

### Exercise with Leah Miller - **Please Note New Hours as of Sept. 1, 2022**

Thursdays at 10:45 a.m.

### Walking Club

Tuesdays & Thursdays, 8:30 a.m.

### COA Offers Fitness Center Appointments

The Fitness Center at the Georgetown Senior Community Center is open for individual exercise by appointment. Thirty-minute appointments are available each hour. Equipment includes: two stationary bikes, two treadmills, weights, stair-climber & a stationary recumbent bike. Call the COA for appointments (978-352-5726).

**Covid-19 Test Kits:** Good news! Donated by AgeSpan, the Georgetown COA has free test COVID-19 test kits available to share with local elder households. Each household can also receive four free COVID-19 at-home test kits shipped directly to their home at no cost. Visit [www.COVID19tests.gov](http://www.COVID19tests.gov) and enter your contact information and mailing address or contact the COA and we will place the order for you. (978-352-5726).

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## COVID-19 Vaccine Update

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- **Vaccine distribution in Massachusetts:** Vaccine boosters are available at local pharmacies & clinics. Walk-in clinics are available at Conley's Pharmacy, Ipswich and Walmart, Plaistow, NH. Use **VaxFinder.mass.gov** to search for appointments at pharmacies, health care providers, & other community locations. For assistance, call COA at 978-352-5726.
- **In-Home COVID Vaccine Program:** Any individual who has trouble getting to a vaccine site is now eligible for the In-Home program. Individuals can call (833) 983-0485 to register for an in-home vaccination. The registration phone line is open Monday through Friday, 9 a.m. to 5 p.m.
- **Veterans:** Vaccines for **eligible veterans** can be scheduled through the VA COVID-19 vaccine scheduling lines at **781-687-4000**. Pre-registration is required at: <https://www.va.gov/health-care/covid-19-vaccine/stay-informed>.



### **National Suicide Prevention Lifeline**

Beginning July 16, 2022, dialing "988" will route calls to the National Suicide Prevention Lifeline. In 2020, Congress designated 988 as a new three-digit dialing, texting, and chat code for direct connection to support for anyone experiencing substance use issues, a suicidal crisis, or mental health-related distress.

When people call, text, or chat 988, they will be connected to trained counselors that are part of the existing National Suicide Prevention Lifeline Network. These trained counselors will listen to callers, understand how their problems are affecting them, provide support, and connect them to resources as necessary.

The current Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis, even after 988 is launched nationally.

For more information visit: [www.988lifeline.org](http://www.988lifeline.org)

### ***Living Well Together Health Fair***

**Wed. Oct. 5 ~ 11:30 a.m. – 1 p.m.**

Join us for a community provider health care fair **Wed. Oct. 5, 9:30 a.m. – 1 p.m. at the Georgetown Senior Community Center**. Showcasing the wide resources available in our community, the Living Well Together Health Fair will provide participants & consumers with an opportunity to meet & share information. The health fair will include Public Health Nurse Pamela Lara, Nutritionist Leigh Hartwell AgeSpan and representatives from Partners in Rehab, the AgeSpan Benefits Outreach Team, Northern Essex Elder Transport (NEET); and Director of Veterans' Services Karen Tyler. Local dental and eye care providers & community hospital services have also been invited to participate. Healthy refreshments will be served during the event & before lunch. For further information, please call the Georgetown COA at 978-352-5726.



## Massachusetts Residents Advised to Protect Public Benefits from Scams

Recently the Dept. of transitional Assistance (DTA) issued additional warnings to residents of skimming scams that have impacted some DTA clients. The agency and its investigations team became aware of banks and retailers who appear to have had their ATMs and card processing terminals compromised. These scams are aimed at obtaining credit, debit and Electronic Benefit Transfer (EBT) card information and Personal Identification Numbers (PINs). Skimming is the use of an electronic device to steal card information from a card reader and create a fake card, known as cloning, to steal money or benefits. As a precaution, DTA strongly recommends that clients change the PIN on their EBT cards at this time and before each scheduled benefit issuance date. People should never provide their personal information or EBT/P-EBT card number over the phone to unidentified callers. If any DTA client believes they may have fallen victim to a skimming or phishing scam, they are encouraged to report it to DTA's fraud hotline at 1-800-372-8399.

### **Friends of the Georgetown Peabody Library Fall Book Sale Friday Sept. 16 through Monday Sept. 19**

Fri. September 16 from 10 AM to 5 PM  
Sat. September 17 from 9 AM to 1 PM  
Sun. September 18 from 1 PM to 4 PM - Bag Sale! \$5 to fill a bag  
Mon. September 19 from 2 PM to 7 PM - Bag Sale! \$5 to fill a bag

Donations may be brought into the library starting on Wed. Sept through Wed. Sept. 14 during library hours. Proceeds from the book sale benefit library programs and museum passes.



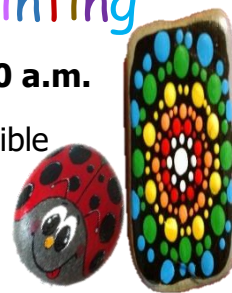
## September Craft

### Rock Painting

**Tues. Sept. 6 @ 10 a.m.**

Call as soon as possible  
To reserve a seat.

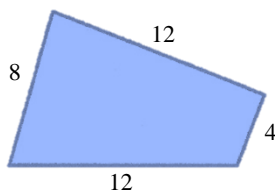
978-352-5726



## September Fun Time

### Are You Smarter than a 5<sup>th</sup> Grader?

1. Is this shape a rhombus?



2. What National Monument is this?



3. Identify the prepositional phrase in this sentence:  
*The flag twirlers marched behind the school's band.*

4. Which two presidents served during the Great Depression?

5. What is the volume of a bottle of dish soap?  
→3 fluid ounces  
→3 cups  
→3 gallons

*No Peeking!*



## IMPORTANT NOTICE

### Traveling Chef Update

As of October, 2022, AgeSpan will implement in-person meals at the Senior Center for the monthly Traveling Chef lunches ONLY in Oct., Nov. and Dec. Traveling Chef will not be available for Grab and Go or home delivery in Oct. Nov. and Dec. Reservations are required for the in-person Traveling Chef lunches during these three months. Space is limited to 45 seats. Regular daily meals will continue to be Grab & Go/Delivery with meal reservations being called in one week in advance. The only change is to the Traveling Chef program during the holiday months.

Answers: 1. No 2. WWII War Memorial  
3. behind the school's band 4. Herbert Hoover, Franklin D. Roosevelt 5. 3 cups

# Council on Aging Services

## **TRANSPORTATION/SHOPPING**

The Van is available Tuesdays & Thursdays for door-to-door shopping & errands. Reservations should be made at least two days in advance by calling the COA office at (978) 352-5726. A \$2 donation is suggested to help with program expenses.

## **TRANSPORTATION/MEDICAL**

### **Northern Essex Elder Transport, Inc.**

This program provides rides for elders to medical appointments. Arrangements should be made at least **ONE WEEK** in advance by calling the COA office at (978) 352-5726. **Registration is required prior to service.** A donation of 43 cents per mile is suggested to help support the program, but no one is turned down due to inability to pay.

## **TRANSPORTATION/GENERAL-PURPOSE**

**Ring & Ride** is a free shared van service available to Georgetown residents. It requires 24-hour notice w/reservations made through MVRTA (978-469-6878, option #3). The van can be used for any purpose including medical & shopping in Amesbury, Boxford, Georgetown, Haverhill, Groveland, Newburyport, Lawrence, Methuen, Newbury/Byfield, North Andover, West Newbury, & Rowley Train Station & Market Basket. For a brochure, contact the COA.

## **HANDICAP PLACARDS**

The COA has applications for handicap placards available from the Registry of Motor Vehicles.

## **Meals on Wheels**

Available to eligible seniors by calling Elder Services of Merrimack Valley at 1-800-892-0890.

## **Grab & Go Lunches**

Served Monday-Thursday, pick-up or delivered. Must be ordered by Wed. of the previous week. 978-352-5726

**COA Marketplace** (Food Pantry) Services by appointment only.

## **FOOD AND HEAT RESOURCES**

For information & assistance w/state & local resources, contact the COA office at (978) 352-5726

## **S.H.I.N.E.**

**S**erving **H**earth **I**nformation **N**eeds of **E**veryone will help you understand your health insurance concerns. Appointments can be scheduled with SHINE counselor Nancy Aberman. To schedule an appointment, call the COA at 978-352-5726.

## **EQUIPMENT LENDING PROGRAM**

COA has medical equipment for long- or short-term lending.

## **FILE OF LIFE PROGRAM**

File of Life provides a health history document to be used by emergency personnel in case of illness or injury.

## **HEALTH CARE PROXIES**

COA has fact sheets & Health Care Proxy forms available upon request.

**THE FILE** A handy folder which serves as a summary of record of Financial Information, Investments & Insurance, Legal Documents & Estate Management information.

Updated 8/12/21



## **Veterinary Care Program**



Interacting with animals and pets has been shown to reduce loneliness, boost people's mood and feelings of social support, decrease stress, and even lower blood pressure. Of course, having a pet involves ongoing responsibilities, including medical care, which can be expensive.

AgeSpan is fortunate that, through the generosity of Meals on Wheels America and PetSmart, we can offer people 65 and over help with these bills through our Veterinary Care Program.

### **WHO CAN APPLY TO THE PROGRAM?**

- People currently receiving AgeSpan services, such as: Meals on Wheels, home care, or those living in community housing
- People 65 and over, not using our services
- People who reside in one of the 28 cities/towns we serve. Please check our website at [agespan.org](http://agespan.org) for a current list.

### **HOW MUCH WILL IT COVER?**

Up to \$300 in one-time veterinary care for pets of those in need, once per year.

### **CAN I USE MY CURRENT VET?**

- If you already have a vet, AgeSpan will pay your vet directly, up to \$300.
- If you do not have a vet, AgeSpan will help coordinate services with an approved vet.

### **WHAT SERVICES ARE COVERED?**

- Rabies shots
- Spaying/neutering expenses
- A variety of inoculations
- Flea/tick care
- Annual checkups
- Nail trimming
- Other routine care



### **MORE INFORMATION**

If you are receiving AgeSpan services and would like more information, contact your AgeSpan Care Manager at 800-892-0890. If you are not receiving our services, please contact Sandy Jennings at 978-946-1222.





# SEPTEMBER CALENDAR 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>No Blood Pressure Clinic this month.</b>	<b>Join us in October for our Annual Health Fair Oct. 5 11:30 a.m. – 1 p.m.</b>	<b>Please note:</b> Time has changed for Thursday exercise with Leah Miller. <b>Class now meets at 10:45 a.m.</b>	<b>1 9:30 Van: Plaistow</b> 8:30 Walking Club 9:30 Tai Chi <b>9:30 Men's Breakfast</b> 10:45 Exercise with Leah
<b>5</b> <b>COA CLOSED: LABOR DAY</b>	<b>6 Van: 9:30 Brown Bag 12:00 Riverside</b> 8:30 Walking Club 9:00 Pickle Ball @ Am. Legion Park <b>10:00 Vet. Agent Office Hours (Date Change September only)</b>	<b>7</b> 10:30 Yoga 12:30 Mah Jong <b>1:00 Avita Program/Ice cream</b>	<b>8 9:30 Van: Plaistow</b> 8:30 Walking Club 9:30 Tai Chi 9:30 Knitting Club 10:45 Exercise with Leah 1:00 Stamp Club
<b>12</b> 9:00 Yoga 10:30 Strength Training 12:30 Bingo	<b>13</b> <b>9:30 Van: Westgate/Riverside</b> 8:30 Walking Club 9:00 Pickle Ball @ Am. Legion Park <b>10:00 Matter of Balance</b> 12:00 Quilting Group 1:00 Friends of COA	<b>14</b> 10:30 Yoga 12:30 Mah Jong	<b>15</b> <b>9:30 Van: Plaistow</b> 8:30 Walking Club 9:30 Tai Chi 10:45 Exercise with Leah
<b>19</b> <b>SHINE/appt. only</b> 9:00 Yoga 10:30 Strength Training	<b>20</b> <b>9:30 Van: Westgate/Riverside</b> 8:30 Walking Club 9:00 Pickle Ball @ Am. Legion Park <b>10:00 Matter of Balance</b> <b>10:30 Constituent Services</b>	<b>21 Traveling Chef</b> 10:30 Yoga 12:30 Mah Jong	<b>22 9:30 Van: Plaistow</b> 8:30 Walking Club 9:30 Tai Chi 9:30 Knitting Club 10:45 Exercise with Leah 1:00 Stamp Club
<b>26</b> 9:00 Yoga 10:30 Strength Training 12:30 Bingo	<b>27</b> <b>9:30 Van: Westgate/Riverside</b> 8:30 Walking Club 9:00 Pickle Ball @ Am. Legion Park <b>10:00 Matter of Balance</b> 12:00 Quilting Group <b>12:45 COA Board meeting</b> <b>2:00 Book Club</b>	<b>28</b> 10:30 Yoga 12:30 Mah Jong <b>1:00 Delvena Theater</b>	<b>29 9:30 Van: Plaistow</b> 8:30 Walking Club 9:30 Tai Chi 10:45 Exercise with Leah
<b>Fitness Center, COA Library, Pool table are available daily by appointment. Grab &amp; Go Lunch by reservation Monday through Thursday. The van is currently limited to 4 riders for each trip.</b>			

## COA Marketplace

COA Marketplace offers a wide variety of soups, canned goods, non-perishable foods & fun snacks. We also offer a variety of non-food products including toiletries, personal care items, paper items & dish/laundry detergent. Some fresh foods (eggs, milk, fruit/vegetables...) & Market Basket or Crosby's Marketplace gift cards are available upon request. No income restrictions apply. Home deliveries available. **Appointments are required by calling 978-352-5726.**



## Grab & Go Lunches

Due to pandemic restrictions, the COA is working with AgeSpan (formerly Elder Services of Merrimack Valley) to offer **GRAB-and-GO** take-out lunches. To participate, please call the COA (978-352-5726) the Wednesday before the desired meals. Meals can be picked-up or delivered & there is no charge at this time. **\*Watch for special meal offerings.\***

**AgeSpan Traveling Chef** The Traveling Chef meal is planned for Wed. September 21. Please RSVP as soon as possible. The menu will feature **Cheeseburger/Bun, Sweet Potato Tots, Garden Salad/Dressing, Apple Crisp.** To reserve a lunch, please call the COA at 978-352-5726.

## September Grab & Go Lunch Menu

Monday	Tuesday	Wednesday	Thursday
<b>5</b> NO LUNCH/Labor Day <b>12</b> Lasagna/Veggie Sauce	<b>6</b> Hawaiian Meatballs <b>13</b> Turkey & Butternut Chili	<b>7</b> BBQ Pork Riblet <b>14</b> Cold Salad Plate Egg Salad, Corn Salad, Garden Salad	<b>1</b> Ham/Cheese Sandwich/Oat Bread <b>8</b> *BIRTHDAY* Mac & Cheese <b>15</b> *SPECIAL* Chix Saltimbocca/Pasta
<b>19</b> Chix Parmesan/Marinara <b>26</b> Pork/Teriyaki Sauce	<b>20</b> Meatloaf/Gravy <b>27</b> Chicken Pot Pie	<b>21</b> *TRAVELING CHEF* - see above <b>28</b> Ravioli/Marinara Sauce	<b>22</b> Basil Salmon/Wild Rice <b>29</b> Taco Salad

**Full lunch menus are available at the Council on Aging office.**

Georgetown Council on Aging  
51 North Street  
Georgetown, MA 01833

## Return Service Requested

### Help us to serve you better

In order to make our records more complete & to assist in client contact, the COA is asking people to **Send us your email addresses.** This information is for internal use only and will not be shared.

We strive to keep our mailing list up-to-date. Please let us know if you would prefer not to receive the newsletter or if the addressee is no longer at this address.

Presort Standard  
U. S. Postage

**PAID**

PERMIT #39  
Haverhill, MA

**Sept. 2022**

**Georgetown Council on Aging**  
**51 North Street**  
**Georgetown, MA 01833**  
**(978) 352-5726**

**Open:**  
**Monday – Thursday 8 am – 4 p.m.**

**Georgetown**  
**Senior Community Center**  
**51 North Street**  
**Georgetown, MA 01833**

**Open:**  
**Monday – Thursday 8:30 am – 4 p.m.**

### **PUBLIC NOTICE**

C.O.A. board meetings are open to the public. They are held at **12:45 p.m.** on the 4<sup>th</sup> Tuesday of each month at **Georgetown Sr. Community Center 51 North Street, Georgetown**

**NEXT BOARD MEETING:**  
**Tuesday September 27, 2022**

### **Georgetown Council on Aging:**

**Director:** Colleen Ranshaw-Fiorello

**Office:** Julie Pasquale, Newsletter

Kirsten Klueber, Outreach

Dave Hall, Van Driver

**Meal Site Coordinator:** Michelle Muise

**Assistant:** Esther Palardy

### **Board Members:**

Sue Clay, Chair

Darcy Norton, Vice-Chair

Jill Benas, Secretary/Clerk

Diane Klibansky, Martha Lucius

Esther Palardy, Jean Perley,

Diane Prescott, Jeanne Robertson

### **Alternates:**

### **Town of Georgetown:**

Town Administrator, Orlando Pacheco

Douglas Dawes, Select Board, Chair

Peter J. Kershaw, Select Board, Clerk

Gary Fowler, Select Board

Amy Smith, Select Board

Daryle Lamonica, Select Board

**Georgetown COA Webpage** is located on the town's official website [www.georgetownma.gov](http://www.georgetownma.gov).

**Council on Aging Mission Statement:** The main objectives of the Georgetown Council on Aging are to advocate on behalf of older adults, to identify their needs, to develop and implement services to meet their health, economic, social and cultural needs, to encourage maximum independence and to improve their quality of life.

**Inclement Weather Policy:** The Georgetown Council on Aging and Senior Center will be open for business in inclement weather unless all Georgetown town offices are closed. If the Georgetown Public Schools are closed, there will be no van rides or NEET rides, and all COA activities/programs will be cancelled. If the AgeSpan Lunch Programs are closed, there will be no home delivered meals or lunches served at the Georgetown Senior Community Center.



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