



A FEW GRAY HAIRS



Nat'l.
Candy Corn
Day
Oct. 30

A Newsletter of the Georgetown Council on Aging

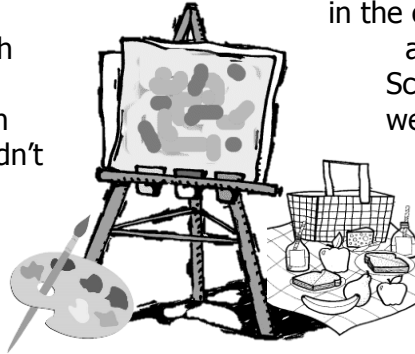
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Email: cfiorello@georgetownma.gov

Website: www.georgetownma.gov

Director's Notes... By profession, my Dad was a design engineer. However, art was his greater passion. He was a talented artist, showing and selling his paintings in both Canada and the States. We always had a studio set up in our homes but he loved to paint outdoors. Fall was a fabulous time to paint outdoors in Ontario – not too hot, no black flies and no snow! Dad loved a rural landscape, so that meant we would be out for a full afternoon and paint box, the car was packed with picnic lunch was packed in the old plates, mugs, silverware and tablecloth – no paper products in sight! If we didn't old woolen blanket from his Air Force Mom would settle comfortably and I would explore. Dad often liked which meant the opportunity to or float make-shift stick bright with foliage. I climbed whatever tree I could find, causing my mother to find new ways to wash pine pitch out of my clothes! An old barn or cellar hole in the woods were often a favorite subject and those would present great opportunities for exploration. Sometimes there were pieces of household pottery to unearth or rustic farm equipment to climb and consider what games children played in those long-ago days. The sun would be warm on our backs and the air was filled with the scent of apples from long abandoned orchards. Under a canopy of brightly colored trees leaves, I can still see Mom reading on the blanket, Dad standing at his easel, and my sister playing nearby. What painting could be more perfect? Wishing you a fall foliage drive or two and maybe one that takes you down memory lane as well!



Don't Ignore Your Medicare Mail!

It's that time of year! If you have a Medicare Prescription Drug Plan or a Medicare Advantage Plan (HMO, PPO), you should have received information from your plan by the end of September. Please understand & save this information regarding changes in your plan for 2018. During Medicare Open Enrollment (October 15 – December 7), you may change your insurance plan for next year. SHINE counselors can help you understand your plan changes, as well as other options you may have. **The Georgetown COA will host an Open Enrollment event Tuesday Nov. 14, 9 a.m. – 2 p.m. at the Georgetown Senior Community Center.** SHINE counselors will be on hand to provide clients with 2018 Medicare information in order to compare the new information with their current plans. Please bring your Medicare card, current insurance cards & current list of medications. To schedule a SHINE appointment, call the Georgetown COA at 978-352-5726 or 1-800-AGE-INFO (1-800-243-4636) ... then press or say 3. If you get the SHINE answering machine, leave your name & number. A counselor will call you back, as soon as possible.



Annual Flu Shot Clinic

Wed. Nov. 1 9:30 - 11 a.m.
Georgetown Senior Community Ctr.

- Pre-registration **IS NOT** required for the clinic.
- **Priority is given** to individuals 50 years & older & those with medical conditions that may put them at risk for complications of the flu.
- Individuals over 19 years may come to the clinic at 10:30 a.m.
- **Please bring your health insurance cards to the clinic.** The COA can photocopy health insurance cards **in advance** of the clinic.
- **Please wear a sleeveless or loose fitting short-sleeved shirt.**
- The Quadrivalent (4 strain) flu vaccine is provided by the Georgetown Board of Health.
- The Flu Clinic is sponsored by the COA & the Georgetown Board of Health.
- For further information, please call the COA at (978) 352-5726.

The COA and all activities will be closed on Monday, October 9 for Columbus Day.

"A Few Gray Hairs" Newsletter is made possible by a grant from the Massachusetts Executive Office of Elder Affairs.

October Activities

ALL ACTIVITIES ARE HELD AT GEORGETOWN SENIOR COMMUNITY CENTER UNLESS OTHERWISE NOTED.



CALL US AT 978-352-5726.



OCTOBER VAN SCHEDULE 2017

Shopping Date	Location	Recreation Date	Location
Oct. 3	NO VAN – Brown Bag Only	Oct. 5 9:30	Super Walmart/Salem, NH
Oct. 10 9:30	Riverside/Haverhill	Oct. 12 10:30	Plaistow, NH
Oct. 17 9:30	Newburyport	Oct. 19 10:30	Rowley
Oct. 24 9:30	Seabrook, NH	Oct. 26 10:30	Westgate/Haverhill
Oct. 31 9:30	Plaistow, NH	Nov. 2 9:30	Super Walmart/Salem, NH

JOIN US MONDAY – THURSDAY MORNINGS from 8:30-11 a.m. for cards and cribbage games! Puzzles, coloring materials & a pool table (call for availability) are also available for drop-in use. Hot coffee and snacks are a great way to meet-up with friends!

SHINE OFFICE HOURS: **Tues. Oct. 3, 9-11 a.m.**

SHINE Counselor Jerry Goldberg will be here to answer health insurance questions. **APPOINTMENTS MUST BE SCHEDULED THROUGH THE COA OFFICE.** If you cannot come to the scheduled hours, the COA can contact our SHINE counselor to make other arrangements for you. To schedule an appointment, call (978) 352-5726.

PUBLIC HEALTH NURSE: **Wed. Oct. 4, 9:30 a.m.**

Public Health Nurse **Pam Lara** provides blood pressure checks, heart assessments, & medication information & discusses any medical concerns seniors have. Barbara Muse, R.N., a visiting nurse, is also available for Trestle Way residents in their Community Building on the first Wednesday of each month from 12 - 2 p.m.

MEN'S BREAKFAST: **Thurs. Oct. 5, 9:30 a.m.**

Join **Chris Comiskey**, Georgetown Historical Society, for a presentation on their Halloween Cemetery Tour. With great appreciation, the COA thanks Crosby's Markets for their sponsorship. **To make reservations, call 978-352-5726. Next breakfast: Nov. 2. Speaker: Karen Tyler, Dir. Veterans' Services**

Local Legislators' Office Hours

State Rep. Lenny Mirra & Senator Bruce Tarr, or their representatives, will be on hand at the **Georgetown Senior Community Center** to meet with constituents to answer questions, hear comments or provide assistance. The next scheduled office hours for both will be:

**Tues. October 17
11 a.m. - noon**

The public is welcome. No appointment necessary. If you cannot come to the Center, both legislators can be contacted through the email addresses below.

Rep. Lenny Mirra: Leonard.Mirra@MAhouse.gov

Sen. Bruce Tarr: Bruce.Tarr@masenate.gov

For more information, contact the COA at 978-352-5726.

DELVENA THEATER/TEA: **Tues. Oct. 10, 1 p.m.**
"Shirley Valentine" (See page 3.)

CONSUMER -SHOPPING RIGHTS: **Tue. Oct. 17, 10 a.m.**
(See page 6.)

BETTER YOUR BONES: **Tue. Oct. 24, 10 a.m.**

MURAL MEETINGS: Contact the COA for scheduling details. 978-352-5726.



OCTOBER BIRTHDAY & HALLOWEEN PARTY:

Georgetown Sr. Community Ctr. Tues. Oct. 31, 11:00 a.m.

Dress up (not required) and join us as we scare up some harvest time fun! Help us as we send best wishes to our friends who were born in October. Birthday celebrants will receive a free lunch (everyone else is \$2). Lunch reservations are required. **RSVP before 10/25/17 to assist with planning.** To make reservations, please call the COA office at (978) 352-5726.

FRIENDS OF THE GEORGETOWN COA meetings...

Friends will meet at **2 p.m.** at Georgetown Senior Community Center **on Tues. Oct. 17 & Nov. 14.** The public is welcome.

Free Legal Help offered by Atty. Elaine Dalton

Tues. Oct. 24, 10 a.m.

Assistance available for: *Health Care Proxies,

*Durable Power of Attorney, *Elder Law Issues

*15 min. appts. available by calling COA at 978-352-5726



Health & Wellness Classes

All classes are held at Georgetown Senior Community Center
unless otherwise noted.

Newcomers & beginners welcome.

There is a **SUGGESTED DONATION** of \$3.00 per class.

Class	Meets on	Time
Yoga (Bring a mat or towel)	Mondays	10:30 a.m.
	Wednesdays	9:30 a.m.
Strength Training	Tuesdays	8:30 a.m.
Tai Chi	Thursday	12:30 p.m.
Fitness Room	Mon. – Thurs.	Call for equip. Availability

*Promoting
Healthy
Living*

Walking Club

**On hiatus until
further notice**

B	I	N	G	O
12	21	38	49	63
Georgetown Senior Center		40	Trestle Way Community Room	
Every Monday at 12:30 p.m.	Cost: \$1.00/card covers up to 9 Games	Free Space	1st & 3rd Wednesdays each month at 1:00 p.m.	Cost: 50¢ & 75¢ per game.
For more info, call (978) 352-5726		33	Contact: GHA (978) 352-6331	
2	29	45	50	72

Delvena Theater presents

“Shirley Valentine”

A Performance and Tea

Tues. October 10, 1 p.m.

Georgetown Senior Community Center

Join us for a spot of tea and a hilarious, heartfelt comedic performance.

- ✓ Take an unappreciated, middle-aged housewife;
- ✓ Add a desperate attempt to make a childhood dream come true and...
- ✓ She stumbles upon the real meaning of life in the process.
- ✓ Featuring: Lynne Moulton and Fran Baron.

Now's the time for a light-hearted comedy!

For reservations, please call the Georgetown Council on Aging at (978) 352-5726 **BEFORE 10/4/17**.



This program is supported in part by a grant from the Georgetown Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency.

Consumer Affairs Series: Part 2

Tuesday Oct. 17

10 a.m.

Presented by

Robin Putnam, Research & Special Projects Mng.
Office of Consumer Affairs & Business Regulation
and

Amy Schram, Better Business Bureau

Join us for a program on Shopping Rights.

This program will include information on warranties, return policies, defective merchandise, pricing discrepancies and online shopping.

Refreshments will be served.

For further information or to register, please call the COA at 978-352-5726.



Better Your Bones



Tuesday Oct. 24, 10 a.m.

Georgetown Senior Community Center

Presented by

Leigh Hartwell, Registered Dietician ESMV

Join us for an interactive nutrition program.

Bone Health Topics will include

- dairy and dairy alternatives
- vitamin and mineral recommendations
- exercises for bone health
- osteoporosis
- Q & A session



Refreshments will be served.


For information and to register, please call the Georgetown COA at 978-352-5726.

Lock Box & Smoke Detector Programs Available

Funded with a state Senior Safe grant, **the Georgetown Fire Dept. and COA** have partnered to offer two important safety programs to elders in the community. Designed to avoid damage when entering a household during an emergency, the Fire Department has a limited supply of Lock Boxes that are available without cost to local elders. Fire Department staff will provide free installation. Elders living alone or without local support systems will be given priority for the program. The Lock Boxes are small boxes that can be hung over a main door or surface mounted. The box provides a secure place for an elder's house key. The Fire Department will maintain a universal key to lock boxes in the community. When seconds count, the Lock Boxes ease access for first responders during an emergency. Also funded with the Senior Safe Grant, the Fire Department has several battery operated smoke detectors available without charge to elders in the community. Elders living in homes built before 1975 will be given priority for the program. Fire Department staff will provide free installation. For information and referrals to the program, please call the COA at 978-352-5726.



Home Improvement Applicants Sought

 **Rebuilding Together** is now accepting applications for no-cost home repair assistance on the Annual Rebuilding Day on Saturday, April 28, 2018. The application **deadline is Sunday, Dec. 31, 2017.**

Applicant eligibility:

- Own and occupy your home for at least 2 years
- Live in the Greater Haverhill area (Haverhill, Groveland, Georgetown, Boxford, Merrimac, West Newbury, and Plaistow, NH)
- Meet Federal HUD low-income guidelines (Call for info)
- Are elderly, disabled, veteran or a family with young children
- Priority is given to homes that need safety and accessibility modifications. Other restrictions may apply.

If you or someone you know needs help with home repairs, modifications (such as grab bars or a wheelchair ramp), energy efficiency, please ask for an application by calling: 978-469-0800 or email RTHaverhill@outlook.com

Special Town Meeting in November

FYI: There will be a Special Town Meeting in November. Details are not available at this time, but will be published in the November newsletter and posted on the Town Hall electronic sign.

Perley/Penn Brook Pal Readers Program to Resume

The COA & Georgetown School Department plan to continue the **Perley/Penn Brook Pal Readers Program** this fall. The intergenerational guest reader program links Georgetown elders with pre-school classrooms at the Perley School and early elementary classrooms at the Penn Brook School. The program brings joy to both the volunteers and the students, who report the volunteers to be "the best in the whole wide world." In the past, interested elders were asked to donate approximately ½ hour each month to read. Although details are not finalized, interested volunteers are asked to call the COA at 978-352-5726. Watch for more details!



Looking Ahead...

(FYI Only. Do not call for reservations at this time. Thank you.)

Nov. 7	Simons & Goodwin
10 a.m.	Folk Concert
Nov. 18	Kiwanis Dinner
2 p.m.	Penn Brook School
Nov. 29	Russ McQueen Concert &
10 a.m.	Nov. Birthday Lunch
Dec. 5	Georgetown Light Dept.
10 a.m.	Safety Program
Dec. 12	COA Annual Holiday Party



Ongoing & Monthly Activities

**For more info on any activities call the COA
978-352-5726**



COA Food Pantry: Located at GSCC.

No income restrictions apply. Appointments are required by calling 978-352-5726.

WINTHROP STAMP CLUB: 2nd Thurs., 1-4 p.m.

General meeting followed by stamp auction (open to public).

Knitting Group: 2nd & 4th Thurs., 9:30-11:30

Drop-ins welcome.

Emergency Quilts for Comfort: 2nd & 4th Tues., 12- 2 p.m.

Free. Fabric/batting provided. Drop-ins/beginners welcome.

Beginner's Quilting Class: 2nd & 4th Tues., 2 – 3 p.m.

Free. Fabric/batting provided.

Mah Jong Group: Wed. at 12:30 p.m.

Book Club: 4th Tuesday of each month, 2 p.m.



The Georgetown COA would like to thank the Georgetown Quilters for their generous & beautiful wall hanging donation. It is on display in our reception area. Come check it out!

Council on Aging Services

For information on any of the following services, contact the COA at (978) 352-5726.

TRANSPORTATION/SHOPPING:

The Van is available Tuesdays & Thursdays for door-to-door for shopping and errands. Reservations should be made at least two days in advance by calling the COA office at (978) 352-5726. Monthly Van Schedules are printed in the Newsletter. A small donation is suggested to help with program expenses.

TRANSPORTATION/MEDICAL:

Northern Essex Elder Transport, Inc.

This program provides rides for elders to medical appointments. Arrangements should be made at least **ONE WEEK** in advance by calling the COA office at (978) 352-5726. If the office is closed, please leave a message (and remember that the COA is not open on Fridays). After the ride is arranged, the **DRIVER** will call you the day before the ride. A donation of 43 cents per mile is suggested to help support the program, but no one is turned down due to inability to pay. Please remember: Reservations must be made through the COA office. Clients should not call the drivers directly.

RING & RIDE: Medical, Shopping & General Purpose

Transportation & Medi-Ride

Ring & Ride is a free shared van service available to Georgetown residents. It requires 24 hour notice w/reservations made through MVRTA (978-469-6878, option #3). The van can be used for any purpose including medical and shopping in Amesbury, Boxford, Georgetown, Haverhill, Groveland, Newburyport, Lawrence, Methuen, Newbury/Byfield, North Andover, West Newbury, & Rowley Train Station & Market Basket. MVRTA also provides Medi-Ride to Boston area hospitals. For brochures, contact the COA.

HANDICAP PLACARDS

The COA has applications for **HANDICAP placards** available from the Registry of Motor Vehicles.

Meals on Wheels

Available to eligible seniors by calling Elder Services of Merrimack Valley at 1-800-892-0890.

Congregate Meals

The COA Meal Site offers nutritious lunches Monday-Wednesday at 12:00 p.m. Please make reservations by the previous Wed. by calling the COA or in person at the Georgetown Sr. Comm. Ctr.

FOOD AND HEAT RESOURCES

For information & assistance w/state & local resources, contact the COA office at (978) 352-5726.

Visiting Nurse

On the first Wednesday of each month, from 9:30 - 10:30 AM, Pam Lara, RN is available at the Georgetown Sr. Community Center to perform blood pressure checks, etc. The nurse is also available for Trestle Way residents in the Community Building on the first Wednesday of each month @ 12:30 p.m. for blood pressure, weight & diabetic checks.

S.H.I.N.E.

Serving **H**ealth **I**nformation **N**eeds of **E**veryone will help you understand your health insurance concerns. Appointments can be scheduled with SHINE counselor Jerry Goldberg @ Georgetown Sr. Community Center on the first Tuesday of each month.

EQUIPMENT LENDING PROGRAM

COA has medical equipment (Walkers, Canes, Wheelchairs, Bath Seats, etc.) for long- or short-term lending.

FILE OF LIFE & YELLOW DOT PROGRAMS

Both programs provide a health history document to be used by emergency personnel in case of illness or injury. One is for your home, the other for your car.

HEALTH CARE PROXIES

COA has fact sheets and Health Care Proxy forms available upon request.

THE FILE A handy folder which serves as a summary of record of Financial Information, Investments & Insurance, Legal Documents & Estate Management information.

Updated 5/23/17

Georgetown Council on Aging
51 North Street
Georgetown, MA 01833

Return Service Requested

We strive to keep our mailing list up-to-date. Please let us know if you would prefer not to receive the newsletter or if the addressee is no longer at this address.

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Georgetown Council on Aging
51 North Street
Georgetown, MA 01833
(978) 352-5726

Open:
Monday – Thursday 8 am – 4 p.m.

Georgetown
Senior Community Center
51 North Street
Georgetown, MA 01833

Open:
Monday – Thursday 8:30 am – 4 p.m.

PUBLIC NOTICE

C.O.A. board meetings are open to the public. They are held at **12:30 p.m.** on the 4th Tuesday of each month at **Georgetown Sr. Community Center**
51 North Street, Georgetown

NEXT BOARD MEETING:
Tuesday Oct. 24, 2017

Georgetown Council on Aging:
Director: Colleen Ranshaw-Fiorello
Office: Julie Pasquale, Newsletter
Kirsten Klueber, Outreach
Dave Hall, Van Driver
Meal Site Coordinator: Mickie Locke
Board Members:
Esther Palardy, Chair
Sue Clay, Vice Chair
Caroline Sheehan, Treasurer
Jean Perley, Secretary/Clerk
Jill Benas, Corona Magner, Diane
Prescott, Nancy Thompson, Ann
Stewart **Alternates:** Darcy Norton

Town of Georgetown:
Michael Farrell, Town Administrator
Joe Bonavita, Board of Selectmen, Chair
Steven Sadler, Board of Selectmen, Clerk
Douglas Dawes, Board of Selectmen
Gary Fowler, Board of Selectmen
David Surface, Board of Selectmen

Georgetown COA Webpage is
located on the town's official website
www.georgetownma.gov.

Council on Aging Mission Statement: The main objectives of the Georgetown Council on Aging are to advocate on behalf of older adults, to identify their needs, to develop and implement services to meet their health, economic, social and cultural needs, to encourage maximum independence and to improve their quality of life.

Inclement Weather Policy: The Georgetown Council on Aging and Senior Center will be open for business in inclement weather unless all Georgetown town offices are closed. If the Georgetown Public Schools are closed, there will be no van rides or NEET rides, and all COA activities/programs will be cancelled. If the Merrimack Valley Nutrition Project is closed, there will be no lunches served at the COA Meal Site located at the Georgetown Senior Community Center.

October Menu - Lunch reservations must be made by the previous Wednesday. Call (978) 352-5726.

Lunch is served Monday through Wednesday at the Georgetown Sr. Community Center at 12 p.m. Cost is \$2.00.

Congregate meals are made possible in part by funding from the Older Americans Act as granted by Elder Services of the M. Valley
Nutritional information regarding meals is available upon request by calling the COA office at (978) 352-5726.

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>
2 Chicken Drumstick/Balsamic Glaze, Veg Rice, Broccoli, Oat Bread, Mixed Fruit	3 Pasta/Meatballs/Marinara Sauce, Zucchini, WW Dinner Roll, Mandarin Oranges	4 Broccoli Cheddar Soup, Veg Frittata, Roasted Pot, Carrots, Roll, Juice, Yogurt
9 CLOSED: Columbus Day	10 Meatloaf/Gravy, Mashed Pot, Green Beans, WW Bread, Peaches	11 Vegetable Beef Soup, Chicken Salad, Pasta Salad, Garden Salad/Dressing, Hot Dog Roll, Snack 'n' loaf
16 Hot Dog/ Roll, Pork Baked Beans, Potato Chips, Mandarin Oranges	17 Eggplant Parm/Pasta, Summer Squash Blend Raisins, WW Dinner Roll	18 Pumpkin Soup, Chef's Salad (with turkey, egg and cheese), Potato Salad, Oat Bread, Fresh Fruit
23 Chicken Bruschetta, Pasta, Spinach, Pudding, Italian Bread	24 Sausage/Peppers/Onions/Sub Roll, Rice, Green Beans, Peaches	25 Chicken Noodle Soup, Cheeseburger/Bun, Beets, Roasted Potatoes, Lorna Doones
30 Pasta/Meat Sauce, Cauliflower, Roll, Mixed Fruit	31 Roasted Pork/Blackberry Sauce, Mashed Pot, Carrots, Oat Bread, Pumpkin Pie, Birthday Cake & Ice Cream	

Fall Harvest Chex Mix

Ingredients: Quantities of each item can vary based on your preference and the total quantity needed. The key to a delicious looking snack is a variety of textures and shapes.

Pretzels ~ Bugles Chips ~ Honeycomb Cereal ~ Candy Corn ~ Candy Corn Pumpkins ~ Chex Muddy Buddy Mix (any flavor) ~ M & Ms

Other Options: Nuts, Marshmallows, Popcorn, Goldfish, Chocolate Chips, Craisins, Reese's Pieces, Cheez-Its

Directions: Mix together and serve.

OCTOBER VAN & ACTIVITIES CALENDAR			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
2 9:30 Dolls 10:30 Yoga 12:00 Lunch 12:30 Bingo	3 No Shopping Van– Brown Bag SHINE Appts. available 8:30 Strength Training 12:00 Lunch	4 9:30 Public Health Nurse 9:30 Yoga 12:00 Lunch 12:30 Mah Jong	5 9:30 Mens' Breakfast 9:30 Van: Walmart/Salem NH 10:00 Matter of Balance 12:30 Tai Chi
9 CLOSED: Columbus Day	10 9:30 Van: Riverside/Hav. 8:30 Strength Training 12:00 Lunch 12:00 EMS Quilts for Comfort 1:00 Delvena Theater/Tea 2:00-3:00 Beginners' Quilting	11 9:30 Yoga 12:00 Lunch 12:30 Mah Jong	12 10:30 Van: Plaistow, NH 9:30 Knitting Club 10:00 Matter of Balance 12:30 Tai Chi 1:00-4:00 Stamp Club
16 9:30 Dolls 10:30 Yoga 12:00 Lunch 12:30 Bingo	17 9:30 Van: Newburyport 8:30 Strength Training 10:00 Consumer Affairs Part 2 11-12 Sen. Tarr Office Hrs. 11-12 Rep. Mirra Office Hrs. 12:00 Lunch 2:00 COA Friends Meeting	18 9:30 Yoga 12:00 Lunch 12:30 Mah Jong	19 10:30 Van: Rowley 10:00 Matter of Balance 12:30 Tai Chi
23 9:30 Dolls 10:30 Yoga 12:00 Lunch 12:30 Bingo	24 9:30 Van: Seabrook, NH 8:30 Strength Training 10:00 Legal Assistance Appts. 12:00 Lunch 12:00 EMS Quilts for Comfort 12:30 COA Board Meeting 2:00 Book Club 2:00-3:00 Beginners' Quilting	25 9:30 Yoga 12:00 Lunch 12:30 Mah Jong	26 10:30 Van: Westgate/Haverhill 9:30 Knitting Club 10:00 Matter of Balance 12:30 Tai Chi
30 9:30 Dolls 10:30 Yoga 12:00 Lunch 12:30 Bingo	31 9:30 Van: Plaistow, NH 8:30 Strength Training 11:00 Halloween/Birthday Lunch	Nov. 1 9:30-11 Flu Shot Clinic (No Pub. Hlth. RN in Nov.) 9:30 Yoga 12:00 Lunch 12:30 Mah Jong	Nov. 2 9:30 Mens' Breakfast 9:30 Van: Walmart/SalemNH 10:00 Matter of Balance 12:30 Tai Chi

Van Trips: The cost is \$2.00 roundtrip. The pick-up time for Tuesday shopping trips, as well as the monthly Thursday trip to Super Walmart in Salem, NH, is 9:30 a.m. The pick-up time for all other Thurs. trips is 10:30 a.m., unless otherwise noted. Please confirm pick-up times when you call. Make your reservations ASAP by calling the COA at (978) 352-5726.