

Georgetown Substance Abuse Advisory Panel

Town Hall Georgetown, MA 01833 (978) 352-5755

> Douglas Dawes, Chairman Pamela Lundquist, Clerk Police Chief Donald Cudmore Fire Chief Fred Mitchell Superintendent Carol Jacobs

Georgetown Substance Abuse Advisory Panel
(the SAAP)

Meeting Minutes
Thursday, October 19, 2017

The Perley School

<u>In attendance:</u> Selectman Doug Dawes, School Committee Vice Chair/GeorgetownCARES Pam Lundquist, Police Chief Donald Cudmore, Superintendent Carol Jacobs. Also present were Tina Los, Essex County Asset Builder Network Regional Coordinator, and Erin Duggan, Georgetown PTA President.

Meeting called to order at 1:00 P.M.

Re: Previous meeting's minutes were approved by the Committee.

Re: Tina Los, Regional Coordinator of the Essex Country Asset Builders Network, came to share her goal of goal of regionalizing a positive youth development initiative and prevention work with surrounding communities. The Asset Builders Network, supported by the Tower Foundation 3-year grant, will work to create a shared vision and shared language around what our area's young people need to feel supported, empowered and to make safe, healthy choices in their lives (assets). The grant will fund efforts in Amesbury, Salisbury, Rowley, Newbury, and Georgetown and continue efforts in Newburyport. Thanks to the Tower Foundation funding, NYS will have the opportunities to collect regional data via the Search Institute's **Attitudes & Behavior Survey** on youth behaviors, perceptions and developmental assets in the 6 communities. The Georgetown School Committee recently approved conducting this survey for grades 6-12 (with sexual behavior questions removed for the 6th grade) this November. The survey results will help our community promote positive student behaviors and attitudes, such as exhibiting leadership, maintaining good health, valuing diversity and succeeding in school. We are seeking real-time, currently relevant data to help us know how to best support our students in making positive decisions for themselves. More information about the about the A&B Survey and the 40 Developmental Assets, can be found at this link: https://www.wvdhhr.org/ahi/assets.pdf.

Don Cudmore asked Tina what she knew about the community experiences in Colorado. Tina indicated that where marijuana becomes more easily accessible for adults, it will also increase accessibility for youth. And where it's use becomes normalized for adults, young people will have a harder time perceiving marijuana's risks.

Re: Erin Duggan, Georgetown PTA President — Erin has learned about a program called "Creating Outreach About Addiction Support Together" (COAAST). Starting with a 40-minute short play, called "Four Legs to Stand On" about how addiction affects families. Presentations are set up with a thoughtful guided talk back incorporating community leaders. Rhode Island just won a federal grant to integrate this programming on a statewide education and treatment level. Erin thinks this might be a perfect fit for our community, with a cost of about \$1500. She would like for this new panel to consider hosting this for our community, potentially partnering with or sponsored by community organizations. We have a lot at stake and any tools we can use to get in front of this will be helpful. https://www.coaast.org/fourlegstostandon#fourlegsinfo <a href="https://www.coaast.org/fourlegsto

Re: Old Business

The committee unanimously voted for the SAAP to change it's name to The Georgetown CARES Coalition.

Re: New Business

The Committee accepted Doug's resignation as Chair letter, expressing appreciation for his hard work and many contributions to the group. He will remain a member of the committee and liaison from the Board of Selectman. It was moved and unanimously voted that Pam Lundquist assume the position of Chair, which she accepted.

Re: Next Meetings:

Thursday, November 16th - 10:00-11:00am, The Perley School Thursday, December 21st - 10:00-11:00am, The Perley School